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FOURTH THOUSAND.

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THE  
PASSION OF JESUS  
AND  
THE WOES OF MARY.

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THE LENT-BOOK

OF

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## A PIOUS EXERCISE IN MEMORY OF THE AGONY OF JESUS CHRIST.

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*By a Rescript of the 26th of August, 1814, Pius VII., through His Eminence the Cardinal Prefect of the Sacred Congregation of Rites, besides having approved of the following devout Exercises in memory of the Agony of Our Lord Jesus Christ, has granted to all the faithful a perpetual Indulgence of 300 days, applicable to the Souls in Purgatory every time that this Exercise is devoutly practised.*

*The original Rescript is preserved in the Acts of the Sacred Congregation of Rites, and an authentic copy in the Office of the Sacred Congregation of Indulgences.*

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### PIOUS EXERCISE IN MEMORY OF THE AGONY OF JESUS CHRIST.

V. Incline unto my aid, O Lord.

R. O Lord, make haste to help me!

Glory be to the Father, &c.

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### THE WORDS OF JESUS ON THE CROSS.

#### THE FIRST WORD.

“Father, forgive them, for they know not what they do.”  
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V. We adore Thee, O Christ, and we bless Thee.

R. Because by Thy Holy Cross Thou hast redeemed the world.

O my Beloved Jesus, who for the love of me didst agonize on the Cross that Thou mightest pay by Thy sufferings the debt due to my sins ; and didst open Thy divine mouth to obtain my pardon from eternal justice ; have mercy on all the faithful in their agony, and on myself when I shall be in that extremity, and, by the merits of Thy Most Precious Blood shed for our salvation, give us so lively a sorrow for our sins that we may breathe out our souls into the bosom of Thine infinite mercy.

*Three Glories.*

V. Have mercy on us, O Lord.

R. Have mercy on us.

O my God, I believe in Thee, I hope in Thee, I love Thee, and I repent of having offended Thee by my sins.

#### THE SECOND WORD.

“To-day thou shalt be with Me in Paradise.”

V. We adore Thee, O Christ, and we bless Thee.

R. Because by Thy Holy Cross Thou hast redeemed the world.

O my Beloved Jesus, who for the love of me didst agonize on the Cross, and with such readiness and bounty didst respond to the faith of the good thief who in the midst of Thy humiliation acknowledged Thee to be the Son of God : O Thou who didst assure him of Paradise, have mercy on all the faithful in their agony, and on me when I shall be in that extremity, and, through the merits of Thy Most Precious Blood, revive in our spirits a faith so firm and constant, that it may not waver at any suggestion of the devil, so that we also may obtain the holy reward of Paradise.

*Three Glories.*

V. Have mercy on us, O Lord.

R. Have mercy on us.

O my God, I believe in Thee, I hope in Thee, I love Thee, and I repent of having offended Thee by my sins.

THE THIRD WORD.

“ Behold thy Mother, Behold thy Son.”

V. We adore Thee, O Christ, and we bless Thee.

R. Because by Thy Holy Cross Thou hast redeemed the world.

O my Beloved Jesus, who for the love of me didst agonize on the Cross, and forgetting Thy

sufferings didst leave us as a pledge of Thy love Thine own Most Holy Mother, that through her we might confidently have recourse to Thee in our greatest need; have mercy on all the faithful in their agony, and on me also when I shall be in that extremity; and, through the interior martyrdom of this Thy dear Mother, awaken in our hearts a firm hope in the infinite merits of Thy Most Precious Blood, that we may avoid the eternal damnation which our sins have merited.

*Three Glories.*

V. Have mercy on us, O Lord.

R. Have mercy on us.

O my God, I believe in Thee, I hope in Thee, I love Thee, and I repent of having offended Thee by my sins.

THE FOURTH WORD.

“ My God! My God! Why hast Thou forsaken Me ?”

V. We adore Thee, O Christ, and we bless Thee.

R. Because by Thy Holy Cross Thou hast redeemed the world.

O my Beloved Jesus, who for the love of me didst agonize on the Cross, and heaping suffering on suffering, didst endure with infinite



patience not only Thy many bodily tortures, but the most heavy affliction of spirit through the dereliction of Thine Eternal Father, have mercy on all the faithful who are in their agony, and on me also when I shall be in that extremity, and, through the merits of Thy Most Precious Blood, give us grace to suffer with true patience all the pains and afflictions of our agony, that, uniting them with Thine, we may be partakers of Thy Glory in Paradise.

*Three Glories.*

V. Have mercy on us, O Lord.

R. Have mercy on us.

O my God, I believe in Thee, I hope in Thee, I love Thee, and I repent of having offended Thee by my sins.

#### THE FIFTH WORD.

“I thirst.”

V. We adore Thee, O Christ, and we bless Thee.

R. Because by Thy Holy Cross Thou hast redeemed the world.

O my Beloved Jesus, who didst agonize on the Cross for the love of me, and who, not satisfied with all the ignominy and suffering, wouldst willingly have suffered yet more, so that all men might be saved, as was clearly proved when all

the torrents of Thy Passion would not allay the thirst of Thy tender heart; have pity on all the faithful who are in their agony, and on me also when I shall be in that extremity, and, through the merits of Thy Most Precious Blood, enkindle such a fire of Charity in our hearts as may cause them to languish with the desire of uniting themselves to Thee for all Eternity.

*Three Glories.*

V. Have mercy on us, O Lord.

R. Have mercy on us.

O my God, I believe in Thee, I hope in Thee, I love Thee, and I repent of having offended Thee by my sins.

THE SIXTH WORD.

“ It is consummated.”

V. We adore Thee, O Christ, and we bless Thee.

R. Because by Thy Holy Cross Thou hast redeemed the world.

O my Beloved Jesus, who for the love of me didst agonize on the Cross, and from that chair of truth didst announce the completion of the work of our Redemption, through which, from being the children of wrath and perdition, we are become the children of God and the heirs of Paradise, have pity on all the faithful who are

in their agony, and on me also when I shall be in that extremity, and, through the merits of Thy Most Precious Blood, detach us entirely from the world and from ourselves, and at the moment of our agony give us grace sincerely to offer Thee the sacrifice of our life in expiation of our sins.

*Three Glories.*

V. Have mercy on us, O Lord.

R. Have mercy on us.

O my God, I believe in Thee, I hope in Thee, I love Thee, and I repent of having offended Thee by my sins.

THE SEVENTH WORD.

“Father, into Thy Hands I commend My Spirit.”

V. We adore Thee, O Christ, and we bless Thee.

R. Because by Thy Holy Cross Thou hast redeemed the world.

O my Beloved Jesus, who didst agonize on the Cross for the love of me, and who, in completing this great sacrifice, didst accept the Will of Thine Eternal Father, by resigning Thy Spirit into His hands, and then bowing

Thine head and dying, have mercy on all the faithful who are in their agony, and on me also when I shall be in that extremity, and, through the merits of Thy Most Precious Blood, give us in our agony an entire conformity to the Divine Will, that we may be ready either to live or die according as it shall best please Thee, desiring nothing but the accomplishment of Thy Blessed Will in us.

*Three Glories.*

V. Have mercy on us, O Lord.

R. Have mercy on us.

O my God, I believe in Thee, I hope in Thee, I love Thee, and I repent of having offended Thee by my sins.

#### A PRAYER TO OUR BLESSED LADY OF DOLOURS.

O Most Holy Mother, most afflicted by the intense martyrdom which thou didst endure at the foot of the Cross, during the three hours' agony of Jesus, vouchsafe to assist all of us the children of thy sorrows in our last agony, that, through thine interference, we may pass from the bed of death, to form a crown for thee in the heavenly Paradise.

*Three Hail Maries.*

O Mary, Mother of Grace,

Mother of Mercy,

Protect us from the enemy,

And receive us at the hour of death.

V. From sudden and unprovided death,

R. Deliver us, O Lord.

V. From the deceits of the devil,

R. Deliver us, O Lord.

V. From eternal death, deliver us, O Lord.

## LET US PRAY.

O God, who for the salvation of mankind didst give an example and a help in the most painful death of Thy Son, grant, we beseech Thee, that in the extremity of death we may experience the effects of this Thy charity, and deserve to be partakers in the glory of Him our Redeemer, through the same Jesus Christ our Lord. R. Amen.

Jesus, Joseph, and Mary, I give you my heart and my soul.

Jesus, Joseph, and Mary, assist me in my last agony.

Jesus, Joseph, and Mary, may I breathe out my soul to you in peace.

## PRAYERS TO THE SACRED WOUNDS OF JESUS.

*By a Rescript of the Sacred Congregation of Indulgences, Sept. 29th, 1807, PIUS VII. grants 100 days Indulgence daily to all the faithful who shall devoutly recite the following Prayers to the Five Wounds of our Lord Jesus Christ.*

*To those who shall have recited them at least 10 times a month, besides the above-named partial Indulgence, he grants a plenary Indulgence twice a year: namely, on the Feast of the Invention of the Most Holy Cross (3rd May), and of its Exaltation (14th Sept.), they having confessed and communicated on those days. And further, to those who shall recite it from Passion Sunday to the end of the Holy Week inclusive, he grants an Indulgence of 7 years and 7 quarantains on each of the said days, and a plenary Indulgence on Easter Sunday, they having confessed and communicated on that day, praying for Holy Church.*

*These Indulgences are perpetual, and applicable to the Holy Souls in Purgatory.*

### COLLECT.

O Most Lovely Redeemer of my soul, pros-

trate before Thee on the Cross, my conscience reproaches me with having by my own hands transfixed Thee to that Cross, as often as I have committed grievous sin, displeasing Thee by my monstrous ingratitude. O my God, my Most Perfect and Sovereign Good, and worthy of all my affections as my constant Benefactor! I, miserable that I am, cannot undo my evil deeds as I would, but with deep sorrow I abhor them as having offended Thine Infinite Goodness, and, kneeling at Thy Feet, I will at least endeavour to compassionate Thee, to thank Thee, to implore of Thee pardon and amendment of life, and with my heart on my lips, I thus say,

#### THE WOUND OF THE LEFT FOOT.

O my Jesus, I adore the Most Sacred Wound of Thy Left Foot; I compassionate Thy bitter sufferings. I thank Thee for the love with which Thou didst labour to overtake me in the way of perdition, staining Thyself with the blood drawn forth by the thorns and briars of my sins. I offer to the Eternal Father the sorrows and love of Thy Sacred Humanity, in expiation of my abominable transgressions,

which I detest with bitter and sincere contrition.

*Our Father, Hail Mary, Glory.*

THE WOUND OF THE RIGHT FOOT.

O my Jesus, I adore the Most Sacred Wound of Thy Right Foot; I compassionate Thy bitter sufferings. I thank Thee for the love which transfixed Thee convulsed and bleeding in punishment of my wanderings and the guilty indulgence of my unbridled passions. I offer the sorrows and love of Thy Most Holy Humanity to the Eternal Father, and implore of Him the grace to bewail my transgressions with scalding tears, and to persevere in goodness begun, without ever withdrawing myself from obedience to Thy Divine Commandments.

*Our Father, Hail Mary, Glory.*

THE WOUND OF THE LEFT HAND.

O my Jesus, I adore the most Sacred Wound of Thy Left Hand; I compassionate Thy bitter sufferings. I thank Thee for having averted with such love the scourges and the everlasting condemnation due to my sins. I offer to the Eternal Father the sorrows and love of Thy Divine Humanity, and entreat Him that I may



spend the remainder of my life profitably, in bringing forth fruits worthy of penance, and thus disarming His irritated justice.

*Our Father, Hail Mary, Glory.*

#### THE WOUND OF THE RIGHT HAND.

O my Jesus, I adore the Most Sacred Wound of Thy Right Hand ; I compassionate Thy bitter sufferings. I thank Thee for having loaded me with increasing benefits, notwithstanding my miserable want of correspondence with them. I offer to the Eternal Father the sorrow and love of Thy Most Holy Humanity, entreating Him to change my heart and affections, and to enable me to perform all my actions according to His good pleasure.

*Our Father, Hail Mary, Glory.*

#### THE WOUND OF THE SACRED SIDE.

O my Jesus, I adore the Most Holy Wound of Thy Sacred Side ; I compassionate Thee for that bitter insult. I thank Thee for the love which presented Thy Breast and Heart to the thrust and gave up the last drops of Blood and Water for my plentiful redemption. I offer to the Eternal Father the outrage and the

love of Thy Most Holy Humanity, that my soul, having once entered into that Most Loving Heart, so ready and willing to receive the worst of sinners, may go out no more for ever.

*Our Father, Hail Mary, Glory.*

TO OUR BLESSED LADY OF DOLOURS.

O Mary, Virgin Mother of God, martyr of love and grief, in beholding the sufferings and sorrows of Jesus, thou didst concur in the benefit of my redemption by innumerable afflictions, and by offering to the Eternal Father His and thine Only-begotten Son, as a Holocaust and Victim of propitiation for my sins. I compassionate thy bitter sufferings; I thank thee for the all but infinite love which led thee to deprive thyself of the fruit of thy womb, True God and True Man, to save me a sinner. Ah! interpose the ever-availing intercession of thy dolours with the Father and the Son, that I may steadily amend my life, and never again crucify my loving Redeemer by new sins; and that, persevering till death in His grace, I may obtain eternal life through the merits of His painful Cross and Passion.

*Three Hail Maries.*

## LET US PRAY.

O Lord Jesus Christ, who at the sixth hour didst ascend the gibbet of the Cross, for the redemption of the world, and didst shed Thy Precious Blood for the remission of sins, we humbly beseech Thee to grant us after death the joy of entering the gates of Paradise.

Grant, we beseech Thee, O Lord Jesus Christ, that the Blessed Virgin Mary, Thy Mother, may intercede for us with Thy clemency, now, and at the hour of our death, who in the hour of Thy Passion was pierced in her most holy soul by the sword of sorrow ; grant this, O Jesus Christ, Saviour of the world, who, with the Father and the Holy Ghost, liveth and reigneth world without end. Amen.

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## EXERCISE IN HONOUR OF THE SORROWFUL HEART OF MARY.

*At the request of the Priests of the Pious Union of the Sacred Heart of Jesus, otherwise of St. Paul, Pius VII., by a Rescript, January 14, 1815, grants a perpetual Indulgence of 300 days, applicable to the dead, to all Christians every time that they shall recite the following*

*pious Exercise in honour of the Sorrowful Heart of the Most Blessed Virgin. The Exercise may be recited in any language, provided the version be faithful, as may be seen in another Rescript, 26th September, 1817, existing in the Archives of the Pious Union named above.*

#### THE EXERCISE.

V. Incline unto my aid, O Lord.

R. O Lord, make haste to help me.

*Glory be to the Father.*

I. O most sorrowful Mary, I compassionate the grief of thy tender heart at the prophecy of the holy old man Simeon. O beloved Mother, through that afflicted heart obtain for me the virtue of humility and the gift of the holy fear of God.

*Hail Mary.*

II. O most sorrowful Mary, I compassionate those afflictions which thy most sensitive heart endured during the flight into Egypt and the dwelling there. O beloved Mother, by that afflicted heart obtain for me the virtue of liberality, specially towards the poor, and the gift of piety.

*Hail Mary.*

III. O most sorrowful Mary, I compassionate that intense distress which thine anxious heart experienced in the loss of thy dearest Jesus. O beloved Mother, by that deeply-troubled heart obtain for me the virtue of chastity and the gift of knowledge.

*Hail Mary.*

IV. O most sorrowful Mary, I compassionate the consternation which thy maternal heart experienced when thou didst meet Jesus bearing His Cross. O beloved Mother, by that deep distress of thy tender heart obtain for me the virtue of patience and the gift of fortitude.

*Hail Mary.*

V. O most sorrowful Mary, I compassionate that martyrdom which thy generous heart endured in witnessing the last agony of Jesus. O beloved Mother, by that martyred heart obtain for me the virtue of temperance and the gift of counsel.

*Hail Mary.*

VI. O most sorrowful Mary, I compassionate that wound which thy mournful heart endured from the lance which tore the side of Jesus and wounded His Most Lovely Heart. O

beloved Mother, by thy pierced heart obtain for me the virtue of fraternal charity and the gift of understanding.

*Hail Mary.*

VII. O most sorrowful Mary, I compassionate the convulsion which thy most loving heart experienced at the burial of Jesus. O beloved Mother, by this extreme grief of thy sacred heart obtain for me the virtue of diligence and the gift of wisdom.

*Hail Mary.*

V. Pray for us, O most sorrowful Virgin.

R. That we may be made worthy of the promises of Christ.

LET US PRAY.

Grant, we beseech Thee, O Lord Jesus Christ, that the Blessed Virgin Mary, Thy Mother, may intercede for us with Thy clemency, now and at the hour of our death, who at the hour of Thy Passion was pierced in her most holy soul by the sword of sorrow; grant this, O Jesus Christ, Saviour of the world, who, with the Father and the Holy Ghost, liveth and reigneth world without end. Amen.

Henry Lucas, Printer, 3, Burleigh Street, Strand.

